

03 Food safety and nutrition policy

Alongside associated procedures in 03.01-03.06 Food safety and nutrition, this policy was adopted by *Avoncroft Pre-School Nursery* on *July 2025*.

Aim

Our setting is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. We meet all statutory requirements for food safety and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements.

Objectives

- We recognise that we have a corporate responsibility and duty of care for those who work in and receive a service from our provision, but individual employees and service users also have responsibility for ensuring their own safety as well as that of others. Risk assessment is the key means through which this is achieved.
- We serve nutritionally lunch boxes and snacks provided by the parents which promote health and reduce the risk of obesity and heart disease that may begin in childhood. Parents are given advice when starting nursery.
- **We ensure that children are supervised at mealtimes and that children are within sight and hearing of a member of staff at all times.**
- Following dietary guidelines to promote health also means taking account of guidelines to reduce risk of disease caused by unhealthy eating.
- Parents/carers share information about their children's particular dietary needs with staff when they enrol their children and on an **on-going basis** with their key person. This information is shared with all staff who are involved in the care of the child.
- Care is taken to ensure that children with food allergies **and intolerances** do not have contact with food products that they are allergic to.
- Risk assessments are conducted for each individual child who has a food allergy or specific dietary requirement.
- **If a child chokes at mealtime and intervention is given. We record details of the incident and ensure that parents/carers are informed.**

Legal references

Regulation (EC) 852/2004 of the European Parliament and of the Council on the hygiene of foodstuffs.

Food Information Regulations 2014

The Childcare Act 2006

Further guidance

Policies & Procedures for the EYFS 2025/26 (Early Years Alliance 2025)

Safer Food Better Business for Caterers (Food Standards Agency)

[Paediatric Allergy Action Plans - BSACI](#)

[Food allergy - NHS](#)

[Anaphylaxis - NHS](#)

[Weaning - Start for Life - NHS](#)

[Help for early years providers : Food safety](#)

Early Years Foundation Stage Nutrition Guidance (2025)